



New York State's Money Follows the Person Program

Mission: Rebalance the Long Term Care system from facility-based to community-based services and supports.

Ninety-six percent of participants continue to reside in the community one year post transition!

Money Follows the Person (MFP) is a Medicaid program sponsored by the Center for Medicaid and Medicare Services and the New York State Department of Health. MFP

funds the **Open Doors** program, which assists individuals living in nursing homes and intermediate care facilities to explore options for living and receiving services in the community.

A network of 24 Transition Centers, located within independent living centers throughout New York State, provide information regarding options for living in the community, transition planning, community preparedness education, and peer support for individuals who have expressed interest in returning to the community. Transition Specialists collaborate with nursing home and intermediate care

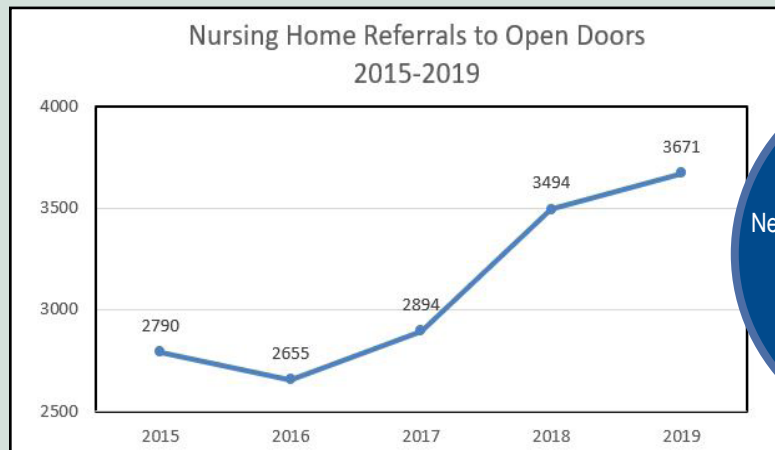
facility staff and community service providers to facilitate successful transitions to homes in the community.

MFP also provides funding for the statewide TRAIID Center network, for adaptive equipment and assistive technology loans.

“Your professional skills and expertise made it possible for my sister-in law to return home with care, respect and dignity. Without your [help], we would not have been able to [set up] the necessary services.”
- Family member

View Public Health Live recorded webcast on MFP: http://www.albany.edu/sph/cphce/phl_0217.shtml

Open Doors is the designated Local Contact Agency for Minimum Data Set (MDS) Section Q referrals in New York. The MDS is part of the federally



mandated process for assessing individuals receiving care in nursing facilities. Section Q is a series of questions in the MDS that asks nursing home residents if they would like to explore options for living and receiving services in the community.

Open Doors began providing targeted education in 2018 to all nursing facilities throughout New York State regarding MDS Section Q and the referral process to the Local Contact Agency. As a result, Open Doors has seen a **27 percent increase in referrals!**

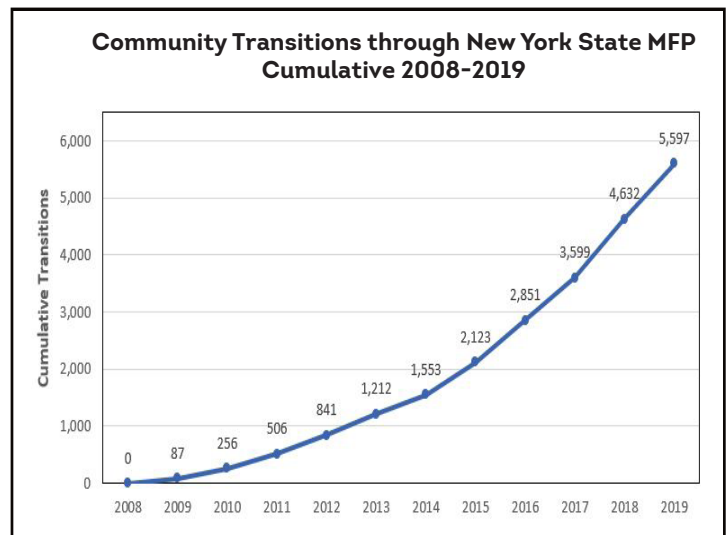
In October 2019, New York State Nursing Home Regulations were amended to require nursing homes to provide information about home and community-based services and community transition programs, including referrals to the Open Doors program.

View Public Health Live recorded webcast about Section Q: https://www.albany.edu/sph/cphce/phl_0319.shtml

MFP Community Transition Activities

New York State ranked in the top 25 percent of participating MFP states for the number of cumulative transitions.* Since 2008, New York's MFP funded programs have:

- Assessed over 13,000 individuals through Open Doors
- Facilitated almost 5,500 community transitions, and provided almost 3,400 peer support visits to participants through Open Doors
- Provided over 20,000 assistive technology and adaptive equipment loans and over 16,000 device demonstrations through the TRAIID program



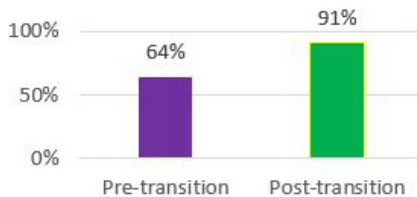
*Mathematica analysis of State MFP Grantee Semiannual Program reports, 2008-2016

New York State Quality of Life Survey Results (CY2019)

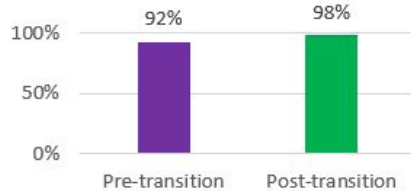
MFP conducts a voluntary Quality of Life Survey prior to transition and again 11 months after transition. The survey gives participants a chance to express their thoughts and feelings about the services they receive and their overall quality of life. The results below represent the percent of individuals who answered “yes” to the following questions in the pre- and post-transition surveys.

ACCESS TO CARE

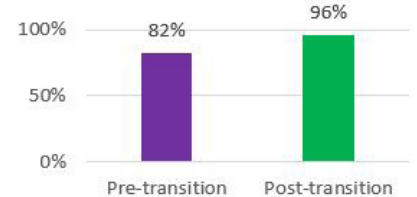
Are you able to take a bath or shower when you need one?



Are you always able to take your medicine when you need it?

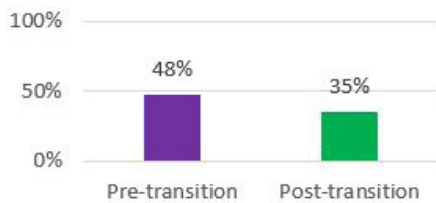


Do the people who help you listen to what you ask them to do?

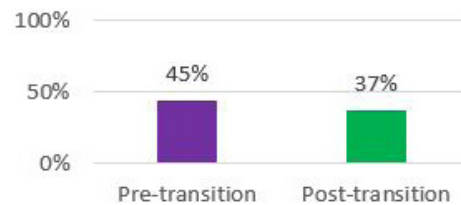


MENTAL HEALTH

During the past week, have you felt irritable?

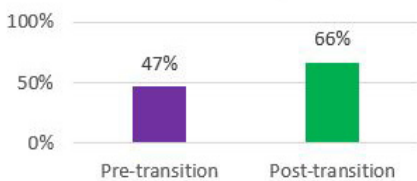


During the past week, have you felt sad or blue?

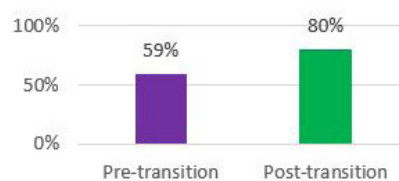


LIFE SATISFACTION

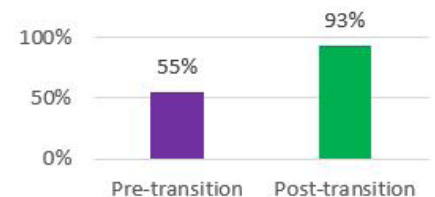
Do you go out to do fun things in your community?



Have you been happy with the way you live your life?



Do you like where you live?



Repatriation: MFP Helps New Yorkers Come Home

Mr. B., 53, wanted to return to his home state of New York from a nursing home that was four hours from his family. After waiting so long to be married, Mr. B. and his husband no longer wanted to be separated. Mr. B. was referred to Open Doors for assistance with moving to New York. The Open Doors Transition Specialist explored

various housing options and located an affordable, accessible apartment. Mr. B. was referred to a New York State Medicaid waiver program, which provided home care services and training in independent living skills. In addition, Open Doors arranged for a wheelchair loan through the local TRAIID Center to bridge the gap until his Medicaid-funded wheelchair arrived.

Open Doors has worked with nursing facilities in California, Connecticut, Florida, Georgia, Massachusetts, New Jersey, North Carolina, Ohio, Pennsylvania and Vermont to bring New Yorkers home.

For more information, contact: mfp@health.ny.gov